

# ANASTASIA TURCHETTA RDH

## BIO

Anastasia is a health empowerment conversationalist with 30 years in the healthcare profession! She has been on YouTube every week since 2009, contributed to consumer-faced publications such as Romper, She Knows, Reviews.com and Bustle and Speaker Magazine in addition to industry publications. Her addiction to coffee lead her to brand Coffee Chat TM with Anastasia, a talk show feel that delivers rich content sound bites served up LIVE or in a video blog format. Anastasia's programs share how to align your emotional, physical and financial health, lead a more productive life, successfully take the wheel and pick a lane to thrive in it.

[ANASTASIATURCHETTA.COM](http://ANASTASIATURCHETTA.COM)

CELL: 252-202-9319